

DAY 1 · MONDAY, JUNE 1

Morning Sessions

08:30–09:30	Welcome	Registration & Welcome Coffee
09:30–10:00	Opening Ceremony	Opening Ceremony
10:00–11:00	Keynote	Louis Bherer
11:15–12:15	S1 – Exercise as Medicine: Leveraging Exergames and Mobile Technology for Enhanced Adherence and Cognitive Health in Older Adults	Y. Netz · P. Manser · E. De Bruin · D. Beckwée
	O1 – Digital Assessment and Technology for Functional Monitoring	D. Barsotti · F. Le Rouzic · C. Abdelkrim · B. Labott

Afternoon & Evening

13:30–14:45	S2 – Physical Activity as a Tool to Improve Sleep and Protect Brain Against Aging	M. Boulin · E. Milot · A. Paez
	S3 – Movement Variability as a Systemic Biomarker of Resilience and Adaptability in Aging: Opportunities and Challenges	V. Trifonova · S. Avila · J. Jakubowska · B. Perthuy · J. Rossato
14:45–15:45	O2 – Musculoskeletal Function and Performance	M. Cefis · I. Har-Nir · P. Muanjai · F. Derost
	S4 – Physical Exercise Approaches for the Maintenance of Cognitive Functions in Aging: Insights from Preclinical Models	E. Attoh-Mensah · Q. Drezet · C. Marcourt
15:45–16:45	Poster	Poster Session #1
16:45–18:15	S5 – Open Issues on Exergames in Older Adults: Toward a Roadmap for Future Research	S. Karaosmanoglu · B. Wollesen · M. Chessa · A. Martin-Niedecken · E. Attoh-Mensah
	O3 – Postural Control, Fall Prevention and Mobility Interventions	M. Aubertin-Leheudre · M. Keramati · B. Beauplet · A. Kola · N. Schott
18:30–19:30	EGRAPA WG Meeting & City Tour	

DAY 2 · TUESDAY, JUNE 2

Morning Sessions

08:30–09:00	Registration	Welcome Coffee
09:00–10:30	O4 – Motor–Cognitive Interaction and Interventions in Aging	N. Béraud-Peigné · G. Pouilloux · E. Dupuy · J. Godard · L. Gamberini · M. Nourshahi
09:00–10:30	O5 – Community Participation, Environment and Active Aging	R. Tadrus · R. Quattlaender · N. Stauffer · S. Kaya · E. Bentlage
10:30–11:00	Coffee Break	Break
11:00–12:00	Keynote	Joost VanHoof

Afternoon & Evening

12:00–13:15	Lunch	Lunch break
13:15–14:30	S6 – From Space and Extreme Conditions to Aging and Countermeasures: Aging Under Physiological and Environmental Stress	A. Cannavo · I. Mekjavic · N. Goswami · P. Bourdier · G. Quarck
13:15–14:30	S7 – Deterioration, Compensation and Motor Control in Ageing: From Motor Planning to Balance and Learning	J. Gaveau · J. Orban de Xivry · J. Bernard · M. Russo
14:45–15:45	Keynote	Rachael Seidler
15:45–16:45	Poster	Poster Session #2
16:45–18:00	EGRAPA	Future Projects
19:00–23:30	Social	Gala Dinner



EGRAPA 2026

Active Aging in Complex Spaces
Caen, France · June 1–3, 2026

DAY 3 · WEDNESDAY, JUNE 3

Closing Day Program

08:30–09:00	Registration & Welcome Coffee	Arrival and morning coffee
09:00–10:30	S8 · Evidence-based Medicine on Physical Activity Interventions for Older Adults	B. Wollesen, N. Lamberti, M. Mack, P. Asuako
	O6 · Rehabilitation, Clinical Interventions and Mobility Programs	J. Vindis, A. Wittig, R. Demir, I. Asatir, J. Pelclova
10:30–11:00	Coffee Break	Refreshment break
11:00–12:15	O7 · Brain, Physical Activity and Cognitive Aging	M. Nourshahi, T. Garcia, M. Merlet, P. Magnan, F. Gaudreau-Majeau
	S9 · Intrinsic Capacity and Physical Activity in Old Age: From the WHO Framework to Advanced Assessment and Evidence	M. Cesari, Y. Netz, S. Bar-Shalom, O. Levin, I. Bautmans
12:15–13:15	Lunch	Lunch break
13:15–14:00	Round Table	Round Table discussion
14:00–14:30	Closing Ceremony	Closing remarks
15:00–19:00	D–Day Excursion	Landing beaches

  Post-Conference · D–Day Excursion — 15:00–19:00 · Explore the historic Normandy coastline and D–Day landing beaches.