

OUR STARTER

- Fish soup (*artisan soup, homemade rouille, emmental, croutons*) 11,90 €
 - Waffle with smoked salmon *Our favorite*  12,90 €
 - ☰ • Eggs with mayonnaise (*Homemade mayonnaise*) 6,90 €
 - Plate of fried smelts (*Homemade sauce*) 12,00 €
 - Chef's soup  (*Homemade sauce*) 9,50 €
 - Calamari "à la Romaine" (*Homemade sauce*) 11,50 €
 - Panko breaded shrimp (*Homemade sauce*) 11,50 €
 - Poached egg in a puff pastry shell (*Homemade sauce*)
- Ham or chorizo or camembert : **10.50 €** Salmon : **12.50 €**
 * Eggs from free-range hens

OUR SEAFOOD

- Plate of shrimp (*Homemade mayonnaise*) 13,90 €
- Plate of homemade cooked whelks (*Homemade mayonnaise*) 13,90 €
- Plate of smoked salmon (*Homemade chive cream*) 13,50 €
- Seafood platter: *1 slice of salmon, 3 oysters, 6 shrimp*
(*Homemade sauce*) 19,90 €
- Whelks, 6 shrimp (*Homemade mayonnaise*) 20,90 €
- Whelks, 6 shrimp, 6 oysters (*Homemade mayonnaise*) 22,90 €
- 6 shrimp, 6 oysters (*Homemade mayonnaise*) 27,50 €
- 1/2 crab (*Homemade mayonnaise*) 15,50 €
- Whole crab (*Homemade mayonnaise*) 26,00 €

THE FATHER GUS OYSTERS N°3 SPECIAL FROM NORMANDY :

Our N°3 oysters from Normand :

- 6 oysters 13,90 €
- 9 oysters 20,50 €
- 12 oysters 26,50 €

Fisherman's platter : (*Homemade sauce*)

- 6 oysters, whelks, shrimp, 1/2 crab 38,50 €

Duo plate (*Homemade sauce*)

- 12 oysters, whelks, 12 shrimp, whole crab 69,50 €



OUR GALLETS

- | | |
|--|---------|
| • <u>Complete</u> (Ham, egg, Emmental) | 13,90 € |
| • <u>Incomplete</u> (Ham/Emmental or Egg/Emmental) | 12,50 € |
| • <u>4 Cheeses</u> (Goat cheese, Roquefort, raw milk Camembert, Emmental) | 15,90 € |
| • <u>Goat cheese honey</u> (Goat cheese, honey, Emmental) | 15,50 € |
| • <u>Rustic</u> (Chicken, homemade lardons sauce, Emmental) | 15,90 € |
| • <u>Norwegian</u> (Smoked salmon, cream chive, Emmental, lemon) | 18,50 € |
| • <u>Vegetarian</u> (Emmental, mushrooms, tomatoes, Normandy tome, homemade red pesto) | 18,50 € |
| • <u>Regional</u> (Livarot, Pont-l'Évêque, raw milk Camembert, Emmental) | 17,50 € |
| • <u>Normandy</u>
(Raw milk Camembert, Andouille de Vire, potato, Emmental, Normandy Cherie pepper) | 19,90 € |
- All our galettes are made with buckwheat flour and served with a green salad



OUR POTS OF MUSSELS

AND FRIES

Origin depending on the season

XXL

700g

- | | | |
|---|---------|---------|
| ☞ • <u>Marinière</u> | 16,90 € | 19,90 € |
| ☞ • <u>Genuine Isigny Cream</u> | 17,90 € | 20,90 € |
| ☞ • <u>Traditional Curry and Coconut Milk</u> | 19,90 € | 22,90 € |
| ☞ • <u>Camembert</u> (Raw milk Normandy Camember)t | 19,90 € | 22,90 € |
| ☞ • <u>Roquefort AOP</u> | 19,90 € | 22,90 € |
| ☞ • <u>Ardonnaise</u> (Isigny cream, onions, mushrooms, bacon bits) | 18,90 € | 21,90 € |
| ☞ • <u>Chorizo</u> (Isigny cream, onions, chorizo, Espelette pepper, Tabasco) | 18,90 € | 21,90 € |
| ☞ • <u>Garlic and Parsley Butter</u> | 19,90 € | 22,90 € |



OUR GOURMET SALADS



- Between Land and Sea 21,50 €
(Salad, tomatoes, egg, salmon, ham, shrimp, cream chive, toast, fried onions)
- Warm Goat Cheese 18,20 €
(Salad, bacon bits, nuts, goat cheese toasts, fried onions)
- Country-style 18,20 €
(Salad, tomatoes, ham, potatoes, mushrooms, raw milk Camembert toasts, fried onions)
- Normandy-style 19,90 €
(Salad, Andouille de Vire, potatoes, tomatoes, Normandy Cherie pepper*, apple pulp, raw milk regional cheese toast, fried onions)
- Snack Salad 18,20 €
(Salad, tomatoes, fried onions, chicken, mushrooms, egg)
- Green Salad 5,70 €
(Tomatoes, fried onions)
Vinaigrette dressing with olive oil and balsamic vinegar.
* **Normandy Cherie pepper** = Pepper flavored with apple and calvados.

OUR PASTA



Compose your plate!

All our sauces are homemade.

Fresh linguine



- Isigny butter 13,50 €
- Isigny cream 14,50 €
- Roquefort AOP 15,50 €
- Raw milk Camembert 15,50 €
- Carbonara-style lardons (egg yolk) 18,50 €
- Chorizo 18,50 €
- Curry chicken 18,50 €
- Clams with garlic and parsley butter 23,50 €





L'ENCAS
bar - restaurant

OUR FISH

Daily arrival !



- Cod fillet Fish and Chips style (Homemade mayonnaise) 21,50 €
- Salmon fillet with wild garlic cream, fresh linguine 24,50 €
- Sea bream fillet with homemade red pesto*,
seasonal vegetables 31,50 €
- Whole grilled sea bass, Dauphinois gratin
(Between 600 and 800 grams) 16,50 €
- Fish brandade, salad 25,90 €

*Pesto : sun-dried tomato confit, olive oil, garlic, fresh basil, pine nuts

*Catch of the day, see the chalkboard



OUR DISHES

Meats:

THE BUTCHER'S CUT
for meat lovers!

34,50 €

- The chef has selected a ribeye steak (350/400 grams minimum), of **first choice**.
- Born, raised, and slaughtered in France
- Maître d'hôtel butter, fries



*Par respect, pour l'animal et l'éleveur, toute cuisson bien cuite ne sera pas honorée.

- ☰ • Normandy casserole (With a salad) 25,90 €
(Chicken, cider, mushrooms, carrots, onions, potatoes, raw milk Camembert, Isigny cream)
- Handmade tripe from the Pays d'Auge in the Caen style 23,50 €
(Potatoes, fresh parsley)
- Artisan Andouille 5 A de Vire 23,50 €
(Old-fashioned mustard sauce, fries)
- ☰ • Raw milk Camembert baked homemade 26,50 €
(Homemade sausages and potatoes, homemade chives cream)
- Veal escalope Normandy style, fresh linguine 26,90 €
- ☰ • Poultry supreme, creamy and crushed black truffles from 28,90 €

Périgord, Dauphinois gratin
(French Red label, outdoor raised)

TRY OUR NORMAN FONDUE FOR 2 PEOPLE,
SERVED WITH COLD CUTS AND POTATOES

(Calvados, Norman cheese, Livarot, and Pont-l'Évêque)

2nd Accompaniment :

- Plate of fries 5,50 €
- Plate of cheese from the region with raw milk 6,50 €
(Local cheese, salad, nuts, butter) 8,90 €

***Any change of toppings and sauces will be charged to the card.**

Extra sauces: 2.50 €



KIDS MENU

12,00 €

-10 years

Fried Mussels

Fried chicken tenders

Fried fish fritters

Linguine to choose from

Ice Cream Surprise

Syrup with water





A desire for sweetness?
Let yourself be surprised by our homemade
pastries!

8,50 €



The whole team is happy to hear from
you welcome and wish you a
Enjoy your meal.



Restaurant Brasserie L'Encas



[lencas.cabourg.facemer](https://www.instagram.com/lencas.cabourg.facemer)

SCAN ME!

