

#### **MENU** SPRING 2025

#### CARLOTTA'S SUPPLIERS. A TASTE OF NORMANDY

Our meat is supplied by LES ELEVEURS DE LA CHARENTONNE located in GACÉ in the ORNE

Mr SALMON brings us EVRECY organic eggs from from his farm in BONNEMAISON

the BERTOT family fishermen in PORT-BAIL-SUR-MER

We buy our lobsters and whelks from The fish comes from BARFLEUR MAREE a local fish wholesaler on a human scale

Farmed by Jean-Paul BLUZAT, our oysters come from SAINT-VAAST-LA-HOUGUE

Damien METAYER, a fisherman from OUISTREHAM, supplies us with current catch and scallops.

A fruit and vegetable distributor in COLOMBELLES since 1951, FOISSIER, delivers our fruits and vegetables

All our Grand Cru chocolate comes from VALRHONA The Carlotta is a member of Cercle V

The menu is created by our chef, Éric LESIOUX, and his team. All our dishes are homemade with fresh local produce "Cooking is never as good as when it's shared".

#### **STARTERS**

# Chef's country terrine with duck Spring pickles 14€

Crab ravioli
Houmous with preserved lemon and wild garlic, iodised broth
17€

Caquelon of snails (6 or 12) With parsley butter, sweet garlic and green aniseed  $11 \in -22 \in$ 

> Salt & sugar marinated salmon Lightly smoked cream and Yuzu lemon 17€

Perfect egg Mushroom duxelles and Colonnata bacon veil 14 €

> Haddock chiffonade Celery and apple remoulade 14€



### OUR SEAFOOD

6 oysters
No. 2 from Blainville-sur-Mer
16 €

12 oysters
No. 2 from Blainville-sur-Mer
30 €

Plate of whelks
10€

Seafood platter
½ crab, 6 oysters, whelks, prawns and periwinkles
49 €

Carlotta's seafood platter ½ lobster, ½ crab, 6 oysters, whelks, prawns and periwinkles 79 €



#### MAIN COURSES

Roast chicken breast with morel mushrooms
Orecchiette pasta with cream sauce
29€

Beef fillet rubbed with pepper Chef's potato croquettes and roast gravy 34 €

Lamb shoulder confit 12 hours
Broad bean stew with herbs
25 €

Sautéed veal quasi
Chef's gnocchi with sage and parmesan cream
28 €

Pollack steak
Asparagus and citrus butter from Nantes
27 €

Roast monkfish back
Barigoule artichokes
28€

Sea bass grilled on the skin
Confit of vegetables of the moment in butter ½ salt, samphire pesto
24€

Langoustine fritters
Roasted romaine salad with Gremolata sauce
32 €



## THE CARLOTTA MUST-HAVES

Grilled marrow bone
Seaweed butter rolls
14€

Carlotta's homemade tripe
Caen style
« National prize in the 2024 Tripière d'Or competition »
18 €

Pan-fried veal liver
Mashed potatoes and shallot confit
19€

Carlotta's Tartare
Cut with a knife and prepared
20 €

Crispy sweetbreads
Mashed potatoes with Isigny butter
36 €

Port-Bail-sur-Mer lobster cooked as a risotto, head bisque 37€

#### CHILDREN'S MENU

Fried chicken or minced steak
French fries

1 scoop of ice cream

12€



#### **OUR DESSERTS**

Carlotta's Merveilleux

Dacquoise biscuit and chocolate whipped cream

12€

Floating island
Pink pralines
11€

Profiteroles
Chocolate sauce served at the table
11 €

Chocolate flowing heart fondant

Vanilla ice cream

11€

Crème brûlée Madagascar vanilla 10€

Tarte Tatin Isigny double cream 13€

Strawberries and rhubarb
Refreshed with grenadine, pearled meringues
11€

Cheese platter 12€

Gourmet coffee (Tea, + 1€)
11€

