

Collection

WELL-BEING • SAINT-SIMÉON



RELAIS &
CHATEAUX



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Lying by the sea, in the heart of generous countryside, the "Ferme de Bien-Être" is an ode to serenity..

In a refined atmosphere where time stands still, my expert, passionate team and I welcome you and invite you to discover our prestigious, exclusive, 100% French, natural collection of treatments and massages.

"Olivier Claire" face and body treatment, with their powerful secrets, enhance your wellbeing and blend harmoniously with our "Signature" massages and treatments, which I have created.

In this relaxation cocoon, your wellness is absolute as you will be in the hands of our nationally awarded spa-practitioners



PATRICIA VERBECQ - SPA MANAGER
COLLECTION SAINT-SIMÉON

Winner of the French massage championship in 2019
International Laureate in 2021





Olivier Claire pushes out the boundaries of the exceptional with Major Beauty Treatments, whose effectiveness comes from the irreplaceable expertise in plants of the creator "Olivier Couraud".

Starting from the observation that nature has the unique power to reveal every woman's authentic, sophisticated beauty, Olivier Claire creams combine rare plant extracts in a range 100% made in France with the highest authorised concentration level, for an unparalleled sensory experience.

The "Ferme de Bien-Être" invites you to discover its secrets with a set of modelling movements that reveal, transcend and perpetuate the beauty of face and body.




OLIVIER CLAIRE

Baume Corps D'elicate
Désaltérant - Réparateur - Relaxant
Delicate Body Balm
Thirst-quenching - Repairing - Relaxing
Extraits Végétaux - Plant Extracts

FACIAL CARE

THE GREAT MAJOR BEAUTY TREATMENT 105 min - 185€

The quintessence of Olivier Claire treatments illuminates your face and redefines its contours.

THE MAJOR BEAUTY MOISTURISING TREATMENT 75 min - 135€

A bubble of oxygen with smoothing effects relaxes features and rejuvenates the skin.

THE MAJOR BEAUTY DISCOVERY TREATMENT 45 min - 115€

An optimised break to illuminate your complexion.

THE SPECIFIC EYE CONTOUR TREATMENT 30 min - 65€

An exceptional protocol to refresh the gaze. Erases shadows, restores strength and shine.

BODY CARE

GENTLE MODELING 60 min - 130€

Massage combining delicate manoeuvres on the joints to restore the harmony of body and mind.

REVIVING MASSAGE 60 min - 130€

An energising, detoxifying experience combining light strokes, palpating/rolling and kneading to stimulate and drain the entire body.



SIGNATURE RITUALS

JOURNEY UNDER THE APPLE TREES

60 min - 290€

Take a break with a delicious milk foot bath, followed by a relaxing apple-based massage in an atmosphere conducive to well-being and serenity. To round off this ritual, share a tasty sip of our homemade apple juice.

TAILOR-MADE JOURNEY

90 min - 190€

Treat yourself, according to your needs and fancies of the moment, to a 60-minute Olivier Claire "Discovery" facial treatment followed by a 30-minute tailor-made massage, or a 60-minute tailor-made massage followed by a 30-minute "Glow" facial treatment.

ROYAL JOURNEY

120 min - 280€

Beautify your skin with a rejuvenating body scrub, then unwind with a relaxing massage followed by a "Major Beauty Moisturising" facial treatment by Olivier Claire.

HAIR ELIXIR

60 min - 140€

A face massage using precise acupressure brings immediate benefits: stress relief, rebalanced energy, and enhanced elasticity and microcirculation. Meanwhile, for him, a scalp massage with the hot elixir stimulates growth through neurological relaxation. Finally, an oil bath under a hot towel is designed to optimally moisturise the hair, as a pre-treatment before shampooing.



MESSAGES

SIGNATURE MESSAGE

"JOURNEY IN NORMANDY"

50 min - 120€ • 75 min - 140€

Acclaimed in the 2019 French championship, our Signature massage is a true invitation to travel.

Combining Californian, Hawaiian and Korean relaxation techniques, it promotes awareness of the body's structure to establish a new balance: physical, mental, emotional, sensory and spiritual.

Your body and mind are freed from tension and stress...

100% TAILOR-MADE EXPERIENCE

1/ OFFER YOURSELF THE MASSAGE DURATION THAT YOU WISH

30 minutes : 65€ • 50 minutes : 120€ • 75 minutes : 140€ • 90 minutes* : 180€

*including a body scrub

2/ CHOOSE YOUR MASSAGE ACCORDING TO YOUR WISHES AND TO YOUR BODY'S NEEDS

Californian, deep-tissue, Swedish, Hawaiian, ayurvedic, Balinese...

Our experts team will guide you during this nothing but you and privileged moment.

NEW LIFE

MUM TO BE

50min - 120€

This massage is composed of specific techniques for the future mother. It has been conceived for pregnant women, and uses natural cotton oil (allergenes free) and biological plum. This massage offers a true relaxation and wellness moment for the future mother, during this full of changes period.

This massage releases the muscular tensions due to the pregnancy, and favors the fusional relationship between the mother and the baby. This massage can only be done after the third month of pregnancy.

COCOON FOR THE BRAND NEW MOTHER

50 min - 120€

Allow yourself a true moment of relaxation after the birth of your baby with this cocooning massage which releases the tensions zones. Then, enjoy the benefits of a comforting body care, which will restaure your skin's elasticity and will refine the stretch marks thanks to an oil cocktail composed of lavender firming oil and E vitamin fortified dog rose oil.



DAINTIES

25 min - 65€

RESSOURCING BODY SCRUB

The body is gently exfoliated with an oyster shell scrub to give to give your skin a new look.

GLOW FACIAL TREATMENT

The skin is cleansed and remoisturised, giving an immediate boost in radiance.

BACK MASSAGE

Muscular tensions are worked on in depth to soothe pain while providing flexibility and comfort.

THAÏ FOOT MASSAGE

The different points under the soles of the feet are stimulated with a wooden stick, to help eliminate physical blockages, soothe the mind and reduce stress.

CARES FOR CHILDREN

CUTIE PATOOTIE

20 min - 35€

A gourmet facial treatment with chocolate or love apple.

PAMPER TICKLES

30 min - 50€

A biological sweet almond oil massage, in order to arouse the senses of the youngest

MANUCURE OR PEDICURE FOR MINIS

30 min - 60€

A nails filling, massage with chocolate balm then application of a nail polish.

To notice: these cares are for children from 3 years old. One of the parents has to be here all along the treatment.





USEFUL INFORMATION

RELAX

We advise you to arrive at the wellness area at least 15 minutes before the start of your treatment.

LATE ARRIVAL

Please note that a late arrival will reduce the time allotted to your treatment.

CANCELLATION POLICY

Any treatment not cancelled at least 24 hours in advance will be invoiced.

CLOTHING IN THE SPA

We will provide you with the necessary clothing.

PHYSICAL CONDITION AND PREGNANT WOMEN

We kindly ask you to inform us of your physical condition when booking your treatment. We reserve the right to refuse the practice of care non recommended for women with pregnancies under 3 months. We are at your disposal for more information.

OTHER INFORMATION

Please note that smoking is prohibited in our space. We cannot be hold responsible for valuables brought there. Any inappropriate behavior during a treatment will put an end to it immediately and will be invoiced in full. Finally, we invite you to respect the serenity of the place.

RELAXATION PERIOD

The wellness area is open from 9 a.m. to 7 p.m. and until 8 p.m. on request.

Collection

SAINT-SIMÉON

LA FERME DE BIEN-ÊTRE

20 rue Adolphe Marais - 14600 Honfleur
Open 7 days a week from 9 a.m. to 7 p.m

Information and reservations

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CHATEAUX**