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All our treatments and massages can be done as a duo





In the heart of nature, close to the sea, Ferme de Bien-Être is an ode to serenity,

In a gentle, refined atmosphere, where time stands still, discover a prestigious, confidential collection of 100% French natural treatments and massages, expertly crafted by our passionate team.

The secrets behind the efficiency of our "Olivier Claire" face and body treatments will leave you sublimely satisfied, and blend harmoniously with our "Signature" massage and homemade creations.

Normandy is at the heart of these rituals, transporting your body and all your senses into a unique experience.

In this relaxing setting, within the expert hands of our practitioners, your well-being is ultimate.





Olivier Claire pushes the limits of the exceptional with Major Beauty Treatments, whose effectiveness is born from the irreplaceable expertise of the creator "Olivier Couraud" in the plant world.

Based on the observation that nature has the unique power to offer each woman effective and sophisticated beauty, Olivier Claire creams bring together in a range 100% made in France rare active ingredients at the highest authorized concentration level, for a unique sensory experience.

La Ferme de Bien-Être invites you to discover its secrets with a set of modeling movements that reveal, transcend and perpetuate the beauty of the face and body.



FACIAL CARE

THE GREAT MAJOR BEAUTY TREATMENT

The quintessence of Olivier Claire treatments brightens your face and redefines your features.

105 min - 320 €

THE MAJOR BEAUTY MOISTURIZING TREATMENT

A bubble of oxygen with smoothing effects relaxes the features and rejuvenates the skin.

75 min - 220 €

THE MAJOR BEAUTY DISCOVERY TREATMENT

An escape optimized to illuminate your complexion.

45 min - 180 €

SPECIFIC EYE CONTOUR CARE

An exceptional protocol to relax the eyes. Clears shadows, restores strength and radiance.

30 min - 65 €



BODY CARE

GENTLE MASSAGE

Massage combining different delicate maneuvers at the joints in order to find harmony of body and mind.

60 min - 140 €

INVIGORATING MASSAGE

An energizing and detoxifying experience, combining effleurages, palpation-rolling and kneading, to stimulate and drain the entire body.

60 min - 140 €



RITUALS

THE COMPLETE RITUAL

This complete treatment includes 60 minutes of "Gentleness" massage followed by 75 minutes of "Major Beauty Moisturizer" treatment combining different delicate maneuvers, in order to regain serenity and harmony of body and mind.

135 min - 380 €

THE APPLE "SIGNATURE" RITUAL

For a timeless moment and complete immersion in your Normandy experience, treat yourself to a 30-minute scrub, followed by a 60-minute relaxing massage with apple tea.

90 min - 255 €



MASSAGES

THE ONLY TAILOR-MADE

A personalized diagnosis will allow us to define together the course of this unique massage, based on various techniques for a real feeling of fullness.

30 min - €80 • 50 min - €130 • 75 min - €180

LE DEEP TISSUE

Ideal for muscle recovery, this very deep massage targets tensions and contractures in order to soften the muscles.

50 min - 140 €

HEAD MASSAGE

This massage allows a real letting go which is carried out with the fingertips by performing rotations and pressure from the forehead to the nape of the neck. The addition of oils helps nourish and relax the scalp.

45 min - 120 €



CARE FOR FAMILY

THE MOM TO BE

THE EVENT

This prenatal treatment offers you a moment of relaxation and connection with your baby, relieving tension and providing a feeling of lightness and deep well-being. This treatment is available from three months of pregnancy.

50 min - 130 €

THE MOMENT OF SERENITY

Harmonize your body and mind. Relieve physical tension and restore radiance to your skin during this prenatal treatment: 30 minutes of 100% tailor-made massage, followed by 45 minutes of "Major Beauty Discovery" treatment. A delicate application of oil on the stomach will gently finish this treatment. This treatment is available from three months of pregnancy.

75 min - 220 €

FAMILY TREAT

PARENT-CHILD DUO MASSAGE

Share a special moment of well-being and serenity with your child, you will receive a personalized massage with your practitioner.

30 min - 150 €



USEFUL INFORMATION

RELAX

We advise you to arrive at the wellness area 15 minutes before the start of your treatment.

LATE ARRIVAL

Any late arrival will result in a reduction in the time allocated to your treatment

CANCELLATION POLICY

Any treatment not canceled at least 24 hours in advance will be charged.

SPA OUTFIT

Your comfort is our priority. We will provide you with the necessary linen.

PHYSICAL CONDITION AND PREGNANT WOMEN

We ask that you please inform us of your physical condition when booking your treatment. We reserve the right to refuse the practice of non-recommended care for pregnant women. Treatments are reserved for women who are at least 3 months pregnant.

OTHER INFORMATION

Smoking is prohibited within our space. In the event of loss or theft, the Spa cannot be held responsible for valuable items brought. Any inappropriate behavior during a treatment will terminate it immediately and will be billed in full. We invite you to respect the serenity of the place.

RELAXATION PERIOD

The wellness area is open Monday to Friday from 10 a.m. to 7 p.m., Saturday from 10 a.m. to 8 p.m. and Sunday from 9 a.m. to 7 p.m.



FERME DE BIEN-ÊTRE

20 rue Adolphe Marais - 14600 Honfleur Open Monday to Friday from 10 a.m. to 7 p.m., Saturday from 10 a.m. to 8 p.m. and Sunday from 9 a.m. to 7 p.m.

<u>Information and reservations</u> +33 (0)2 31 81 78 07 spa@fermesaintsimeon.fr www.fermesaintsimeon.fr

